

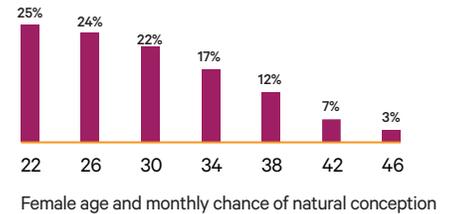
When to Refer to Our Fertility Specialist Team

If your patient shows any of the below concerns, we recommend you refer to the Generation Fertility specialist team for investigation **as soon as possible**.

1 Age of Egg-Providing Partner (Female Age)

Why is age an important factor?

Egg quantity and quality decrease with age, diminishing the monthly chance of successful pregnancy



When to refer a patient:

After
12 MONTHS
of trying to
conceive < **AGE 35**

After
6 MONTHS
of trying to
conceive **AGE 35-39**

After
3 MONTHS
of trying to
conceive > **AGE 40**

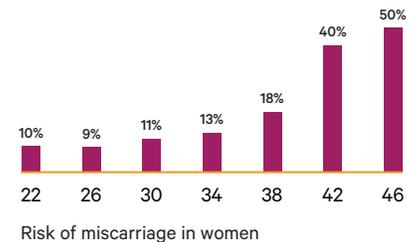
2 Recurrent Miscarriage

If your patient has had 2 or more consecutive spontaneous abortions

(loss of pregnancy before 20 weeks gestation), it is important to consult a specialist.

Why is recurrent miscarriage an important factor?

- 50% of spontaneous abortions are associated with chromosomal abnormalities
- The risk of miscarriage increases significantly with advancing age of egg provider:



3 Identified Risk Factors for Sperm Providers

At least 30% of fertility issues are sperm-related

Issues that are risk factors for sperm quality or quantity:

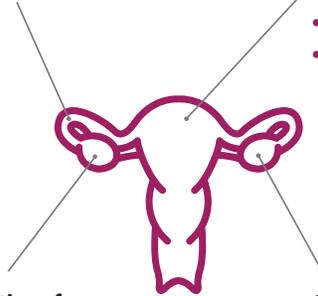
- Prior mumps
- History of undescended testicles
- Testicular or hernia surgery
- Active or previous steroid use
- Erectile or ejaculatory dysfunction



4 Identified Risk Factors for Egg Providers

Issues that are risk factors for tubal factor infertility:

- Prior pelvic inflammatory disease (PID)
- Prior sexually transmitted disease (STD)
- Pelvic surgery
- Ectopic pregnancy
- Endometriosis



Issues that are risk factors for uterine factor infertility:

- Known fibroids or adenomyosis
- Previous uterine surgery (e.g., myomectomy, D&C)

Irregular cycles (not 28 ±7 days) are very suggestive of anovulatory cycles that need further attention and may have underlying issues, including:

- PCOS
- Peri-menopause or premature ovarian insufficiency
- Endocrine disease (e.g., thyroid, prolactin, hypo-hypo)

Other issues that impact egg quality:

- Sub-optimal lifestyle factors (e.g., smoking, excessive drinking, sedentary)
- Medical co-morbidities (e.g., obesity, hypertension, diabetes)

5 Gender and Sexually Diverse Needs

Generation Fertility provides assisted reproduction services that are inclusive of gender and sexual diversity, including:

- Single intended parents
- 2SLGBTQIA+ intended parents
- Patients in gender-affirming hormone therapy

6 Specific Needs

At Generation Fertility, we know that a patient's journey is unique. **Please refer to our team if your patient is:**

- Wishing to conceive with a known genetic disease or carrier of a genetic disease
- Interested in fertility preservation (egg, embryo or sperm freezing) for medical or elective reasons

Our team is also experienced in working seamlessly with third-party reproduction programs (such as sperm, egg or embryo donor, or gestational carrier/surrogate), while ensuring health guidelines and regulations are met.

How to reach us

The Generation Fertility team is dedicated to triaging your referrals quickly and providing personalized end-to-end care for your patients. As one of Canada's leading fertility centres, we strive to provide the most innovative, safe and successful clinical outcomes possible.

generationfertility.ca

Vaughan

955 Major Mackenzie Drive West, Suite 400
Vaughan, ON L6A 4P9
T: 289.357.0100 | F: 289.357.0101

Newmarket

1111 Davis Drive East, Unit 39
Newmarket, Ontario L3Y 9E5
T: 905.967.0852 | F: 905.967.0512

Anything we can do to better support your practice and patients? Call us or reach out by email: medicaldirector@generationfertility.ca